

Sanskrit Spirituality Seminar

Carmelite Priory Mdina

26-28 February 2016

Friday 26th February

7pm to 7.45pm: Introductory Session

Break

8pm to 9pm: Workshop

Saturday 27th February

9.30am to 10.30am: Session 1

Break

11am to 12.30pm Session 2

Lunchbreak

2.30pm to 3.30pm Session 3

Break

4pm to 5pm Session 4

Sunday 28th February

Same as Saturday

All Sessions will be mentored by Prof. Michael Zammit and will be part lecture part workshop practice (chanting, writing, conversation and reflection)

Participants are to bring writing materials (preferably pencils and paper)

The second seminar will be on the 20th to 22nd May 2016